



# SEPTEMBER | 2018

## CARROLL JR./SR. HIGH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> No School	<b>4</b> Breakfast Pizza/Fruit/Milk  Turkey Manhattan/Gravy Mashed Potatoes Peas Fruit Cocktail Milk Choice—Salad Bar	<b>5</b> Mini Pancakes/Fruit/Milk  Chicken Bacon Wrap Sweet Potato Fries Fresh Cauliflower Apple Crisp Milk Choice—Salad Bar	<b>6</b> Egg & Cheese Slider/Fruit/Milk  Spaghetti/Meat Sauce Steamed Broccoli Fresh Veggies Pears Breadstick Milk Choice—Salad Bar	<b>7</b> Muffin/Yogurt/Fruit/Milk  Chicken Strips Glazed Carrots Green Beans Applesauce Bread/Butter Milk Choice—Salad Bar
<b>10</b> Cereal Bar/Yogurt/Fruit/Milk Tenderloin/Bun Cauliflower Baby Carrots Peaches Milk Choice—Salad Bar	<b>11</b> Breakfast Pizza/Fruit/Milk  Grilled Chicken/Bun Peas Fresh Broccoli Fruit Cocktail Milk Choice—Salad Bar	<b>12</b> Mini Pancakes/Fruit/Milk  Fish Sticks Bread/Butter Glazed Carrots Slaw Applesauce Milk Choice—Salad Bar	<b>13</b> Pancake Wrap/Fruit/Milk  Popcorn Chicken/Gravy Mashed Potatoes Corn Red Grapes Soft Pretzel Milk Choice—Salad Bar	<b>14</b> Muffin/Yogurt/Fruit/Milk  Nachos (Meat & Cheese) Tostidos Refried Beans & Salsa Banana Milk Choice—Salad Bar
<b>17</b> Pop Tart/Yogurt/Fruit/Milk  Bacon Cheeseburger/Bun Lettuce Fries Fruit Cocktail Milk Choice—Salad Bar	<b>18</b> Breakfast Pizza/Fruit/Milk  Chicken Quesadilla/Salsa Mexican Rice Corn Peaches Milk Choice—Salad Bar	<b>19</b> Mini Pancakes/Fruit/Milk  Sloppy Joe/Bun Baked Beans Fresh Cauliflower Pears Milk Choice—Salad Bar	<b>20</b> Egg & Cheese Slider/Fruit/Milk  Turkey Bacon Sub Lettuce Baby Carrots Applesauce Milk Choice—Salad Bar	<b>21</b> Muffin/Yogurt/Fruit/Milk  Cheese Breadsticks Marinara Sauce Spinach Salad Mandarin Oranges Milk Choice—Salad Bar
<b>24</b> Cereal Bar/Yogurt/Fruit/Milk Parmesan Chicken over Spaghetti California Blend Fresh Broccoli Pears Milk Choice—Salad Bar	<b>25</b> Breakfast Pizza/Fruit/Milk  French Toast & Sausage Links Sweet Potato Cubes Cherry Tomatoes Strawberries Milk Choice—Salad Bar	<b>26</b> Mini Pancakes/Fruit/Milk  Pepperoni Pizza Green Beans Celery Fruit Cocktail Jell-O Milk Choice—Salad Bar	<b>27</b> Pancake Wrap/Fruit/Milk  Hot Ham & Cheese Sub Au Gratin Potatoes Fresh Cauliflower Peaches Milk Choice—Salad Bar	<b>28</b> Muffin/Yogurt/Fruit/Milk  Taco Salad (Meat & Cheese) Romaine Salad Refried Beans Applesauce Nacho Doritos Milk Choice—Salad Bar

### News

**Please check your child's lunch account. E-mails and automated phone calls are sent when your child's account becomes negative.**

**Sept. 3<sup>rd</sup>: No School Labor Day**