



OCTOBER | 2017

CARROLL JR./SR. HIGH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Choc. Oatmeal Bar/Yogurt Fruit/Milk Corn Dog Sweet Potato Fries Celery Sticks Peaches Milk Choice—Salad Bar	3 Breakfast Pizza/Fruit/Milk Chicken Strips Green Beans & Baby Carrots Pineapple Bread/Butter Milk Choice—Salad Bar	4 M. Pancakes/Fruit/Milk Burrito Salsa Mexican Black Beans Apple Crisp Milk Choice—Salad Bar	5 Cereal Bar/String Cheese Fruit/Milk Chicken & Noodles Mashed Potatoes & Peas Fruit Cocktail Roll/Butter Milk Choice—Salad Bar	6 Pancake Wrap/Fruit/Milk Spaghetti/Meat Sauce Steamed Broccoli Fresh Veggies Pears Breadstick Milk Choice—Salad Bar
9 Choc. Oatmeal Bar/Yogurt Fruit/Milk Tenderloin/Bun Cauliflower & Baby Carrots Peaches Milk Choice—Salad Bar	10 Breakfast Pizza/Fruit/Milk Grilled Chicken/Bun Fresh Broccoli Peas Applesauce Milk Choice—Salad Bar	11 M. Pancakes/Fruit/Milk Fish Sticks Bread/Butter Steamed Carrots Slaw Fruit Cocktail Milk Choice—Salad Bar	12 Pop Tart/String Cheese Fruit/Milk Popcorn Chicken/Gravy Mashed Potatoes & Corn Red Grapes Soft Pretzel Milk Choice—Salad Bar	13 Bosco Breakfast Stick Fruit/Milk Nachos (Meat & Cheese) Tostidos Refried Beans & Salsa Banana Milk Choice—Salad Bar
16 Choc. Oatmeal Bar/Yogurt Fruit/Milk Bacon Cheeseburger/Bun Shredded Lettuce French Fries Peaches Milk Choice—Salad Bar	17 Breakfast Pizza/Fruit/Milk Orange Chicken Brown Rice Steamed Broccoli & Celery Mandarin Oranges Milk Choice-Salad Bar	18 M. Pancakes/Fruit/Milk Sloppy Joe/Bun Baked Beans Fresh Cauliflower Pears Milk Choice—Salad Bar	19 Cereal Bar/String Cheese Fruit/Milk Chicken Quesadilla/Salsa Baby Carrots Applesauce Cinnamon Roll Milk Choice—Salad Bar	20 Pancake Wrap/Fruit/Milk Cheese Breadsticks Marinara Sauce Spinach Salad Fruit Cocktail Milk Choice—Salad Bar
23	24	25	26	27
30 Choc. Oatmeal Bar/Yogurt Parmesan Chicken over Spaghetti California Blend Vegetables Fresh Broccoli Peaches Milk Choice—Salad Bar	31 Breakfast Pizza/Fruit/Milk French Toast/Sausage Links Sweet Potato Cubes Cherry Tomatoes Strawberries Milk			

News

**Please check your
Child's lunch
account.**

**Oct. 23^d-27th:
Fall Break**

**Pumpkins!
The world's largest
pumpkin weighed
1,800 lbs.
They are technically
a fruit (contain
seeds) but are
referred to as a
vegetable.**